

Hi, just a reminder that you're receiving this email because you have expressed an interest in Autism Society of Pittsburgh.

You may [unsubscribe](#) if you no longer wish to receive our emails.



*Sunday, November 1, 2015*

*Every cent raised is spent in our region  
to help improve the lives of those among us  
with autism and their families.*

## #AUT2KNOW

Autism evokes from an advocate just about every possible human emotion. Many are draining and disappointing, but there are moments of unparalleled satisfaction -- that is, when one of our people receives genuine friendship, love, or a simple friendly expression from another person. When it happens, it is invariably natural, voluntary, and from the heart.

Forced inclusion can never produce "natural, voluntary, and from the heart." Neither can forced segregation. Love and friendship cannot be legislated, litigated or mandated, any more than can equal skills, abilities, charm or popularity. That's why inclusion is only appropriate at levels likely to contribute to a given individual's incremental growth and development. This includes the ability to recognize and appreciate the positive attention of others. Naturally. Voluntarily. From the heart.

Thank God there are two sides to the advocacy coin.

## NEWS OF IMMEDIATE INTEREST

Timely news on events and issues affecting those living with autism in the Greater Pittsburgh area and Pennsylvania.

### New for November:

- Stimulating STEM Among Those with Autism
- Autism Society of America Helps Sesame Street Spread Autism Awareness -- Offering Free Storybooks!
- New YMCAs Initiatives Give Caregivers a Much-Needed Break
- Adults with Autism to Share Housing with General Population in Heidelberg Complex
- Owners! CEOs! Managers! Opportunity May be Knocking...  
*...and more!*

[Click here to view our recent articles.](#)



## EVENTS AND WORKSHOPS

We offer a range of services, including workshops and support groups, training and educational programs, fundraising events, and community awareness building activities. We stay up-to-date on relevant happenings throughout our local autism community.

[Click here to view our November calendar.](#)



## AUTISM RESOURCES

We know that parenting a child with autism comes with many challenges and a solid support system is essential. We have highlighted below some places to contact when faced with crisis situations or for information and referral services, and have also provided a comprehensive list of suggested resources in our region.



### **Resolve Crisis Network**

Crisis intervention services through UPMC available 24 hours a day 7 days a week to Allegheny County residents at no cost. Call 1-888-796-8226 or 1-888-7-YOU-CAN

### **IRES (Information, Referral, and Emergency Services)**

Emergency assistance available from Allegheny County 24 hours a day, 7 days a week. Call 412-350-4457 or 911, TTY 412-350-3467.

### **[Autism Society of Pittsburgh](#)**

Advocacy, information and referral, programs and services.  
Visit [www.autismsocietypgh.org](http://www.autismsocietypgh.org).

### **[AutismResources.com](#)**

The "Autism Friendly guide to Pennsylvania" allowing families and individuals living with autism to easily look for and recommend a range of autism services throughout the state.

### **[Autism Center of Pittsburgh](#)**

Specialty autism clinic meeting the needs of children with autism and their families, offering evaluations, social skills groups, support groups, and more.

[Click here to download our complete resource list.](#)

## WAYS TO HELP

Our programs and services would not exist without the help of the caring individuals, businesses, and volunteers that support us. Contributions of any size are our lifeblood - vital to our existence and effectiveness - providing the means for us to help children with autism, their families, and professionals who work with them.



### **Donate**

Please consider visiting [our donations page](#) today to make a contribution through PayPal or learn about other ways to donate.

### **Volunteer**

From time to time we need caring volunteers to help with our programs and fundraising events. If

interested, please complete [our contact form](#) and we will be in touch when a volunteer opportunity arises that meets your interests and availability.



***Give us a call today!***  
**412-856-7223**

Visit [www.autismsocietypgh.org](http://www.autismsocietypgh.org) or call us for more information and resources.

